



San Leandro Unified School District

Resolution No. 26-28

SEPTEMBER AS SUICIDE PREVENTION AWARENESS MONTH

WHEREAS, suicide is a leading cause of death in the United States and remains a serious public health concern among youth and young adults; and

WHEREAS, according to the Centers for Disease Control and Prevention, suicide is among the leading causes of death for young people ages 10–14 and 15–34; and

WHEREAS, research, including The Trevor Project's *National Survey on LGBTQ Youth Mental Health*, shows that LGBTQ youth are significantly more likely to attempt suicide compared to their peers, yet affirming environments — including supportive schools — can significantly reduce suicide risk; and

WHEREAS, the San Leandro Unified School District is committed to the mental health and well-being of all students, including those who are disproportionately impacted by suicide, such as LGBTQ youth, youth of color, and students with disabilities; and

WHEREAS, the California Department of Education designates September as Suicide Prevention Awareness Month, encouraging school districts to engage in prevention efforts, share resources, and raise awareness about mental health and suicide prevention; and

WHEREAS, Assembly Bill 2246 (2016) requires school districts serving grades 7–12 to adopt policies on suicide prevention, intervention, and postvention, and the San Leandro Unified School District affirms that suicide prevention and mental health awareness are critical for students of all ages and their families; and

WHEREAS, local governments and educational agencies throughout California have formally recognized September as Suicide Prevention Awareness Month to reduce stigma, promote help-seeking behaviors, and strengthen protective factors for students; and

WHEREAS, the San Leandro Unified School District is committed to ensuring that all students, families, and staff have access to mental health resources and crisis supports,

including the 988 Suicide & Crisis Lifeline, and to building capacity among staff to identify and support students at risk;

NOW, THEREFORE, BE IT RESOLVED that the San Leandro Unified School District Board of Trustees hereby:

- Recognizes September 2026 as **Suicide Prevention Awareness Month** in the San Leandro Unified School District;
- Commits to promoting awareness and reducing stigma by sharing prevention resources and messages with students, families, and staff;
- Supports training for educators and school staff to identify, respond to, and support students at risk of suicide or in crisis;
- Ensures access to resources and crisis services, including prominently sharing the 988 Suicide & Crisis Lifeline on district websites, student ID cards (as applicable), and communication materials;
- Encourages partnerships with community organizations such as Alameda County Behavioral Health, local nonprofits, and family support networks to strengthen prevention and postvention supports; and
- Affirms the district's commitment to creating safe, inclusive, and supportive learning environments where all students feel connected, valued, and empowered to seek help when needed.

PASSED AND ADOPTED by the Board of Education of the San Leandro Unified School District, County of Alameda, State of California, this 5th day of August, 2026.

Jackie C. Perl, Board President

Mike McLaughlin, Ed.D., Superintendent