



## San Leandro High School Bell Schedule 2025-2026

| Regular Schedule<br>NON-BLOCK Days |               | Regular Schedule BLOCK Days<br>Wed (Periods 1, 3, 5)<br>Thurs (Periods 2, 4, 6) |               | Early Release Days |               | Teacher Collaboration Days |               |
|------------------------------------|---------------|---------------------------------------------------------------------------------|---------------|--------------------|---------------|----------------------------|---------------|
| Mon, Tues, Fri                     |               |                                                                                 |               |                    |               |                            |               |
| Zero Period                        | 7:30 - 8:20   | Zero Period                                                                     | 7:30 - 8:20   | Zero Period        | 7:30 - 8:20   | Zero Period                | 7:30 - 8:20   |
| Office Hours                       | 8:20 - 8:30   | Office Hours                                                                    | 8:20 - 8:30   | Office Hours       | 8:20 - 8:30   | Office Hours               | 8:20 - 8:30   |
| Period 1                           | 8:30- 9:25    | Period 1 or 2                                                                   | 8:30 - 10:18  | Period 1           | 8:30 - 9:15   | Period 1                   | 8:30 - 9:10   |
| Period 2                           | 9:35 - 10:30  | Period 3 or 4                                                                   | 10:28 - 12:21 | Period 2           | 9:25 - 10:10  | Period 2                   | 9:20 - 10:00  |
| Period 3                           | 10:40 - 11:40 | Lunch                                                                           | 12:21 - 12:56 | Period 3           | 10:20 - 11:10 | Period 3                   | 10:10 - 10:55 |
| Lunch                              | 11:40 - 12:15 | Period 5 or 6                                                                   | 1:06 - 2:54   | Lunch              | 11:10 - 11:45 | Lunch                      | 10:55 - 11:30 |
| Period 4                           | 12:25 - 1:20  | Office Hours                                                                    | 2:54 - 3:35   | Period 4           | 11:55 - 12:40 | Period 4                   | 11:40 - 12:20 |
| Period 5                           | 1:30 - 2:25   |                                                                                 |               | Period 5           | 12:50 - 1:35  | Period 5                   | 12:30 - 1:10  |
| Period 6                           | 2:35 - 3:30   |                                                                                 |               | Period 6           | 1:45 - 2:30   | Period 6                   | 1:20 - 2:00   |
| Office Hours                       | 3:30 - 3:35   |                                                                                 |               | Office Hours       | 2:30 - 2:35   | Office Hours               | None          |

**Teacher Collaboration Dates:** September 15, October 20, November 17, December 15, January 12, March 9, April 20, May 5, May 18

**Early Release Day:** September 18 (Back to School Night), February 5 (Open House), May 26 (Scholarship Tea)